# Young People Who Care, Inc. Newsletter

www.ypwcministries.org



## Marian House ~ Women's Shelter



For the first 10 months of 2016 Marian House has had 55 women and children with 2 of the women being pregnant for a total of 2,016 housing days. Many of the women who come to Marian House are not only homeless, but in the depths of depression and despair wondering if

life as they are experiencing it, is worth living. In coming to Marian House they not only have a place to sleep and call home for a while, but also find support and care from staff, volunteers and others residing at Marian House.

One recent guest states, "When I walked in the door of Marian House I was so very scared. I did not know what to expect. Sr. Ruth Ann and Margie put my fears at ease. They made me feel welcomed. They helped me take the steps to get my life back on track and to be a better person. I consider them my family. My life has forever changed for the better. I thank the Lord for bringing them into my life." Another past guest in her gratitude was able to obtain employment and has been tithing to Marian House. Like the widow's mite she has been giving out of her poverty.

The prayers, volunteers and the tremendous donations of food, household supplies, toiletries and financial contributions by individuals, groups, and churches truly make it possible to keep the shelter available for those in need.

### **Volunteers Needed!!**

Marian House staff is most grateful for our dedicated local volunteers who give so much of their time and talent to assist us. We are in need of more day time and evening volunteers. If you are interested in being a volunteer and donating a couple hours once or twice a month please call 814-765-5646.

### Items Needed:

- ♦ Twin size blankets (new)
- ♦ Pillows (new)
- ♦ Hair bushes, shampoo & conditioner
- ♦ Feminine products
- ♦ Soap ~ Liquid Hand & Dish
- ♦ Toilet paper & paper towels
- ♦ Cleaning supplies
- ♦ Monetary Donations



Without your financial support, in-kind donations and volunteers, we would not be able to continue this much needed ministry to homeless women and children 24 hours a day, 7 days a week, 365 days a year!



# Direct Ministry with the Poor & Bethany YOUTH Center

We Were Made to Thrive! This was heard many times through the summer of 2016. Our Summer Staff or "Summer Squad" (as they were known), brought all the gifts God gave them to present a Christian Leadership program for 172 high school and college students along with 83 adult volunteers. Many lives were impacted in Clearfield County! Students and adults found faith and service blended together during the week. Many groups expressed ways they will be continuing service and community back home. The ripple effect can now be felt beginning in Frenchville to many parts of PA as well as parts of Massachusetts, New York, Michigan, Illinois and Indiana.



**"Summer Squad"**Kaeley McGrane, Anna Kemper, Tori Fedora, Erica Van Doren, & Anna Lacy

The 4 week Spring Break & 4 week Summer Programs had 255 volunteers, from 8 different states, who donated over 5,100 service The youth and adult leader's were able to complete over 55 projects including porch decks, painting, gardening, yardwork, assisting with housework, visiting the homebound and much more!

One of the major projects was the flood cleanup from a major storm which produced 6 inches of rain and flash flooding in one hour. YPWC worked with local disaster relief agencies and volunteered over 925 hours to those in need.



During this year we have had 33 <u>new</u> families asking for needed assistance. YPWC volunteers and staff continue to be a bridge between those who have and those who are in need..

**Sr. Suzanne Thibault** ~ Youth Director **Charlie Saggese** ~ Social Services

Phone: 814-263-4177

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# Life Line ~ Infant & Pregnancy Ministry

Provides assistance to pregnant women and biological parents until the child turns 2 years of age. Life Line provides free and confidential pregnancy testing, supportive counseling, educational materials and various maternity/baby items including clothing, furniture, and accessories. Life Line also provides emergency supplies of diapers, formula, and baby food.

This ministry has been serving clients of Clearfield, Philipsburg, and surrounding areas since 1986. the offices are locat-

ed in both Clearfield at 416 Arnold Ave. and Philipsburg at 1185 Bigler/Philipsburg Hwy.

This year between the two offices Life Line has had over 270 clients with 335 client visits. Of these clients 68 were new this year!

**Volunteers Wanted!!** Life Line welcomes new volunteers to sort donated items or assist clients through counseling. Volunteer hours are flexible. For more information please call Nikki Collins at 765-3225 during business hours: Monday, Wednesday, Thursday, or Friday 10-4pm.

#### **Items Needed:**

Currently Life Line is in need of the following items:

- ♦ Clothing Fall/Winter Sizes: Preemie, Newborn, 0-3, 24 month, & 2T
- ♦ Clear storage bins w/lids
- ♦ Diapers size 5
- ♦ Similac Formula Advanced, Sensitive, Gentlease, Alimentum, or Soy
- ◆ Pack-n-plays, high chairs, baby monitors, etc.
- ♦ Cribs manufactured ~ 2012 and newer
- ♦ Monetary Donations are always welcomed.

# **Anawim Community Members**

Sr. Ruth Ann has been furthering her education for her ministry at Bethany Retreat Center. As of last March she is part of the class of 2017 with Shalem Institute DC. The course is Nurturing the Call: Spiritual Guidance Program which is both academic resources as well as an experiential support for the ministry of spiritual direction. At the heart of the program is the radical conviction that spiritual companionship is a form of prayer and that contemplative listening comes from being grounded in ones relationship with God. The end of September Sr. Ruth Ann also had the wonderful opportunity of being a part of a Pilgrimage in the Pacific Northwest – state of Washington getting in touch with Uniting with the Earth's Rhythm. Prior to the Pilgrimage she and Anawim Associate, Judith Griffith had a couple of days sightseeing in the beautiful city of Seattle.

<u>Sr. Suzanne</u> is now in her third year as Director of Religious Education for the local parishes. The Erie Diocesan Pastoral Planning committee found it beneficial to combine the two religious education programs of the Northern Moshannon Cluster Parishes (Frenchville, Grassflat & Drifting) into one program. She also continues to give retreats throughout the Erie Diocese, as well as, the Altoona/Johnstown Diocese.

**Sr. Karen** has had an exciting year of incredible transformation, training, and growth. This past year she has completed a 9 month intensive training course for physicians in medical acupuncture and also obtained intensive training in prolotherapy, which is an injection treatment for chronic ligament and joint pain that stimulates a person's own body to mount a healing response, which then strengthens ligaments and improves joint integrity thus lessening or resolving pain. Prolotherapy is used to treat knee, shoulder, back, neck, ankle, and elbow pain. Adding these two skill sets of acupuncture and prolotherapy was part of the process for adding a sideby-side Integrative Medicine Practice to the free clinic practice. This new Integrative Medicine practice is open to anyone (insured or uninsured) and fees are charged according to sliding scale for income. As part of her training she went on two medical mission trips to the Dominican Republic and saw hundreds of patients with the medical team. The first mission trip to the Dominican Republic was so transforming that she was moved to expand the mission focus of the free clinic to now include international mission outreach with the hopes of one to two mission trips a year!

#### Ring moto:

# Love can do all things!



Sr. Therese Dush 1931-2015

Foundress of YPWC & Anawim Community

# **Anawim Associate Program**

The Anawim Associate Program now has over 40 members! The Anawim Associate Program had its first Introductory Session on Saturday, June 25, 2016 and 25 members were in attendance! The program consisted of three sessions which included introductions and a sharing of hopes for the Anawim Associate Program from participants, the history of the Anawim Community and its spirit and charism, and what it means to be an Anawim Associate. The day concluded with Mass and dinner. There was a lot of energy and enthusiasm in the first gathering of those who feel called to a closer connection to the Anawim Community, who desire to experience Christian community with others committed to their own faith journeys, and who seek to grow spiritually and live out prayer, simplicity, hospitality, and service in their own way in their families and communities. For anyone interested in becoming an Anawim Associate or would like more information, please contact Sr. Karen Willenbring by email at anawimco@gmail.com or by phone at 814-263-4518 or visit the Anawim Community website at www.anawimcommunity.org.

# YPWC, Inc. Upcoming Events:

- \* Christmas Program for the families we work with during the year. If you would like to sponsor a family or donate items please call Sr. Suzanne 814-263-4177
- \* Marian House Dinner Dance Saturday, February 11th—Mark your calendar! At the Florian in Clearfield



#### Ways to make monetary donations:

Mail: PO Box 129, Frenchville, PA 16836

Credit Card or to set up monthly donations: www.ypwcministries.org/donate